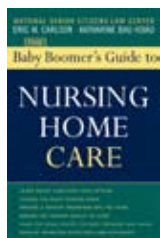


## The Baby Boomer's Guide to Nursing Home Care



This comprehensive consumer guide gives practical advice to nursing home residents and their families, based on thousands of real-life situations handled successfully by the authors. The book covers all important topics, including: choosing a nursing home; paying for nursing home care under Medicare and Medicaid; nursing home admissions; quality of care; health care decision making; resolving problems with nursing homes. The book is written in plain language and presented in a reader-friendly format. Authors Eric Carlson and Katharine Bau Hsiao, both attorneys with National Senior Citizens Law Center, have 30+ years of combined experience in aging and nursing homes, and they are nationally respected experts in long-term care and elder law. \$13.45+S/H.

## 20 Common Nursing Home Problems—and How to Resolve Them



NSCLC's new guide explains 20 practices—some illegal—common to nursing homes, then gives detailed instructions on how residents and their family members can take action to get the type of high-quality care that residents deserve. This guide is available in print for \$9.95 + S/H, or as an online download for free, from [www.nsclc.org](http://www.nsclc.org).

## Manuals and Guides

### Critical Issues in Assisted Living: Who's In, Who's Out, and Who's Providing the Care

This guide analyzes how consumers are protected, or harmed, by states' assisted living policies. The report includes analysis of who is accepted into assisted living facilities; who is excluded; and who provides the care to assisted living residents. Summaries of the relevant regulations in all 50 states and D.C. are included in a separate volume (see below). Published May 2005. \$5+S/H

### Critical Issues in Assisted Living: State Summaries

A companion volume to *Critical Issues in Assisted Living*, this book includes summaries of the regulations pertaining to admissions, evictions and care providers of assisted living facilities in all 50 states and D.C. \$15+S/H

### Planning Care at Home, A Guide for Advocates and Families

For frail, elderly individuals and people with disabilities, avoiding institutionalization is critical. This guide provides the road map through eligibility, coverage and appeals for the programs that help people stay in the community. Armed with this guide, elderly and disabled individuals and their advocates and family members can navigate the current system of home care services and create the service package suited to their individual needs. Published in 2000. \$10+S/H.

## Newsletters and Periodicals

### NSCLC Washington Report

This newsletter summarizes the latest cases, Administrative and Congressional developments and current events that affect the elderly and persons with disabilities. Topics include Medicaid, Medicare Part D, Social Security and SSI, and Long-Term Care. Subscribers will receive the newsletter by e-mail. \$250 per year (25 issues); \$150 each for two or more copies for multiple or branch offices.

# Books for California Residents

## Assisted Living Companion

This unique guide, based on California law, offers information to help individuals and families get the best care possible for themselves and their loved ones. The Assisted Living Companion was written by Jody Spiegel, Director of Bet Tzedek's Nursing Home Advocacy Project, and Eric Carlson, an attorney with the National Senior Citizens Law Center. \$10+S/H; the book also may be downloaded from [www.nslc.org](http://www.nslc.org).

## 10 Tips for Nursing Home Residents

For most consumers, the nursing home is an unfamiliar world. This unfamiliarity can hurt consumers. Because they don't know what to expect or request, they too frequently end up settling for mediocre or substandard care. This guide offers ten tips on a broad range of important nursing home issues, including finding the best nursing home, planning care, arranging for Medicaid payment, and preventing falls. \$5.95+S/H. Available in English and Spanish versions.

## 10 Tips for Assisted Living Residents

This guide offers ten tips on a broad range of important assisted living issues, including finding the best assisted living facility, planning care, arranging for SSI or Medicaid payment, and preventing evictions. The guide provides practical information on how residents and their families can advocate and arrange for the high quality of care that residents deserve. The guide is a useful resource not only for residents and families, but also for facility staff members, doctors, care managers, and anyone else with a personal or professional interest in assisted living. \$5.95+S/H. Available in English and Spanish versions.

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